

# DESTINATION

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Emerging from the blue water of the Aegean is Santorini, one of the most spectacular landscapes in the world. The traditional villages are vaulted in the cliffs and offer breathtaking views over the submerged volcano, white Cycladic houses with blue painted windows fighting against black volcanic rocks rising from the sea, is a spectacle that will inspire more than an artist...



# YOGA

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Your time in Santorini will be inspired by the beautiful surroundings and daily yoga. Each day begins with yoga under the incredible Aegean sky. This ten day journey through daily yoga offers you the opportunity to:

- refine the body and calm the mind
- stretch, tone, balance
- reconnect intimately with yourself on many levels

# ACCOMMODATIONS

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Accommodations are located in the beautiful Dana Village. Dana offers all the modern conveniences while preserving the traditional island style of architecture. Situated in the cliffs at Firostefani, our home for the retreat is only a 20-minute walk along the cliff to Fria, the capital of Santorini. Refresh yourself in the crystal blue waters of the private pool while feasting your eyes on the awesome surroundings. Each room is equipped with air conditioning, full kitchenette, satellite TV, hair dryer, safety deposit box and a private veranda or balcony.

For more information and photos go to [www.danavillas.net](http://www.danavillas.net)



# ACTIVITIES

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Santorini offers European elegance and culture. Marvel at the ancient ruins, discover the fascinating local history at a museum and the unique Greek Architecture of the islands. There is excellent food and dining to be enjoyed as well as an active nightlife. Wander through the local markets and shopping venues, relax on Santorini's unique black and red sand beaches or visit the volcano and natural hot springs. Following morning yoga and breakfast the day is yours to create.

# WEATHER

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Santorini is one of the southern most islands in Greece and the weather in May is ideal. Average temperatures reach highs of 25 degrees Celsius during the day and overnight lows of 17 degrees Celsius.



# TRANSPORTATION

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Transportation to Santorini is the responsibility of the participant. Use Air Miles, come early or stay late. Explore more of Greece or Europe. Follow your heart's desire and build the trip of your dreams around our time together in Santorini.

There are several flights daily from Athens to Santorini. If you choose to stay in Athens before or after our retreat, a ferry or hydrofoil is a beautiful way to travel to or from the Island. If flying direct, you must leave Canada by May 20th in order to arrive on May 21st. Santorini is 9 hours ahead of Mountain Standard Time.

See these sites for more information:  
[www.santorini-greece.biz](http://www.santorini-greece.biz)  
[www.travel-to-santorini.com](http://www.travel-to-santorini.com)

Please submit this registration form, along with a \$300 non-refundable deposit to:

Yoga for Today  
#206, 2016 Sherwood Drive  
Sherwood Park, AB  
T8A 3X3

### Yoga in Santorini

#### Costs:

- 1,225 Euro for a double accommodation
- 1,550 Euro for single accommodation

Balance due on or before December 1, 2011  
Must leave by May 20 to arrive by May 21

#### Includes:

- 10 night accommodation at Dana Villas
- 10 Breakfasts
- Daily Yoga
- Greek style welcome and farewell dinner
- Group Excursion

**\*\*Participants are responsible for arranging their own travel insurance. Proof of travel medical insurance is **mandatory** prior to departure\*\***

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

#### Method of Payment

\_\_\_\_\_ Cheque Enclosed or

\_\_\_\_\_ Visa \_\_\_\_\_ Mastercard

# \_\_\_\_\_

Expiry Date: \_\_\_\_\_



## ANGIE ACKERMAN

Yoga is Angie's passion. She encourages her students to honour their bodies, breathe, and to keep their awareness within.

Santorini is the most amazing place Angie has ever travelled to. She is thrilled to be returning to her ultimate paradise to share the joy and wonder of yoga and Greece with others.

Angie is YFT Certified, YAA Certified, YA ERYT 500 and YIN Qualified. She has also completed a apprenticeship with Gerda Krebs.

For more information contact Angie

angie@breatheyoga.ca

780-464-4206

or

Yoga for Today

info@yogafortoday.ca

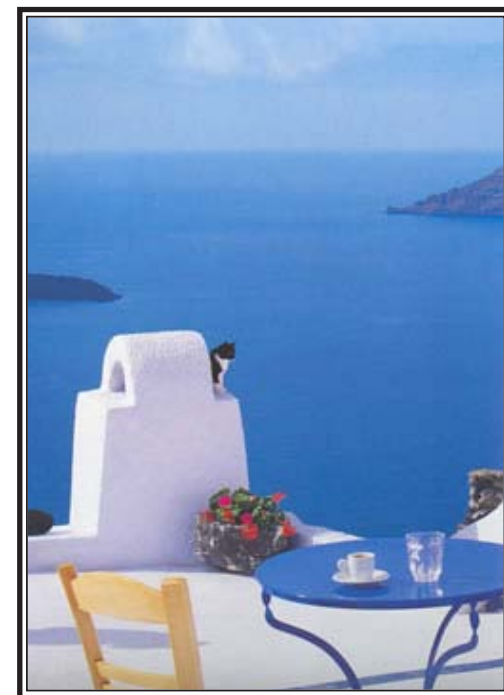
780-416-4211



#206, 2016 SHERWOOD DRIVE  
SHERWOOD PARK, AB  
T8A 3X3

WWW.YOGAFORTODAY.CA

# YOGA IN SANTORINI GREECE



MAY 21 - 31, 2012

WITH ANGIE ACKERMAN

