

Partner Yoga

with David Wilson

Friday February 10, 2012

7:00 - 8:30pm

\$25/pair

(members bring a guest for \$10)



Stretch and strengthen your body in partner yoga poses and partner assisted poses. Explore your range of movement with someone you care about. Suitable for partners, friends and family members of all skill levels and abilities.

Share

Have fun

Bond

Learn

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Register:

780-416-4211

www.yogafortoday.ca

**#206, 2016 Sherwood Drive
Sherwood Park**

