

Yoga for Today

500-Hr Application Checklist

For students seeking Yoga Alliance Certification

- Fill out Yoga for Today's Registration form and submit to chris@yogafortoday.ca
 - Registration forms are individually reviewed
 - Yoga for Today workshops over the past two years can be retroactively applied
 - Student will be contacted regarding training details
 - Student is responsible for tracking all workshops and training
- Once 300 Hours of training have been completed, submit record to chris@yogafortoday.ca
- A 300-Hour Yoga for Today Certificate of Completion is provided to student
- Student can then apply to Yoga Alliance for their 500-Hour teacher training designation

Note: In order to earn 500-Hr Yoga Alliance certification, students must first acquire their 200-Hr Yoga Alliance certification. The process is simple and requires a copy of your 200-Hr teacher training certificate from Yoga for Today or wherever you completed your training.

Visit the Yoga Alliance website for more information on the application process.

Application processes may vary depending on certification background.

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