

Kirtan Chanting

Friday, November 3, 2017

6:30 - 8:30 pm

Cost: \$40 (members \$35)

With T. Sparrow Grace

T. Sparrow Grace will share her amazing talent, playing live music, both song and kirtan chanting. This beautiful celebration of music allows one to access the live vibrations, enhancing physical well being and chanting along, if desired, as a focal point to help deepen the mental practice.



About T. Sparrow Grace

With soulful, honey-dipped tones, T. Sparrow Grace weaves her folk-roots style with Sanskrit mantra. She is passionate about the use of music for well-being and her music is inspired by journeys to India and Indonesia. Sparrow leads regular kirtan chanting events and writes songs to celebrate both the rawness and the beauty of life.



#206, 2016 Sherwood Drive Sherwood Park . 780-416-4211 . yogafortoday.ca

