

# Buddhist Philosophy

**5** Friday evening sessions  
Jan 12 - Feb 9, 2018  
6:00 - 7:00pm

**COST: \$75**



**Kushok Lobsang**  
Tibetan Monk



Anyone with an interest in Buddhism is welcome to attend this 5 week course.

NO prior knowledge of Buddhist teachings required.

*“Many people think excitement is happiness.... But when you are excited you are not peaceful. True happiness is based on peace.”*  
~Thich Nhat Hanh



#206, 2016 Sherwood Drive Sherwood Park . 780-416-4211 . [yogafortoday.ca](http://yogafortoday.ca)

