

Yoga for Kids Camp

with Sara Hastings

July 30 - Aug 3, 2018

1 - 4 pm daily

Cost: \$175



Your child will have a BLAST in this four-day yoga camp. Each day will have a new theme filled with yoga, games, art and laughter! Campers should bring a water bottle and a nut free snack.

**Please note that this camp does not offer pre or post care*

Please register through Strathcona County:
780.467.2211 or 780.410.8530 or strathcona.ca/registration



about sara

After having her son in 2007, Sara was inspired to teach yoga to children. She completed her certification through the highly acclaimed yoga for children program YogaKids in September 2009. Sara is currently teaching a wide variety of programs for children and youth throughout Edmonton and area as well as facilitating YogaKids workshops.



#206, 2016 Sherwood Drive . yogafortoday.ca