Journey Through the Chakras



A weekend of self-discovery, using asana, meditation, discussion and awareness to balance our Chakra's, our enery and our lives.

Leslie McKenzie

Free yourself from fear-based thoughts and discover what you are truly capable of

Friday, Oct.26 6:00-9:00pm Saturday, Oct.27 12:00-6:00pm Sunday, Oct.28 9:00am-4:00pm

Cost: \$175



